

TREATING PATIENTS OF ALL AGES

Airport Plaza Spine & Wellness in Hazlet, owned by Doctor of Chiropractic, Dr. Jason M. Brooks, opened its doors in March 2016. At Airport Plaza Spine & Wellness, the chiropractic services are for children, adults, and seniors. Dr. Brooks noted that the youngest patient is 15 months old and the oldest patient is 92 years of age. "Our most paramount concern is patient care. Since the human body is intricate and delicate, each person's body reacts differently. For this reason, our physicians design customized treatment programs to meet your individual needs."

Joining Dr. Brooks at Airport Plaza Spine & Wellness are Dr. Andrew T. Portal, also a Doctor of Chiropractic, and Dr. Sheila Sto Domingo, a Doctor of Physical Therapy.

Treating the overall health of patients is the facility's mission. "When a patient enters our clinic for care, our immediate focus is to get the patient out of pain. It is very uncommon that we are not successful in eliminating the patient's pain. After the patient is out of pain, we then move to the second phase of care, which is a permanent relief. This second phase of care requires changing what the root cause of the pain is. The second phase of care is where our specialty of Chiropractic Bio Physics is used in order to alter the structure of the patient which ultimately allows the patient to have a long term/permanent relief," explained Dr. Brooks.

He emphasized that Airport Plaza Spine & Wellness provides the most state-of-the-art techniques of Chiropractic & Physical therapy. "The technique which separates us from other offices is the practice of CBP, known as Chiropractic Bio Physics. CBP is the most published researched technique in Chiropractic and has more published research than all other Chiropractic techniques combined. The goal of CBP technique is to correct the body's

asymmetries to the greatest degree which minimizes spinal degeneration, improves neurological dysfunction, and enhances systemic health. We utilize the combination of Physical therapy and Chiropractic together in order to reach the most improvement in the shortest amount of time. We do not do the systematic "cookie cutter" approach that is so often found when receiving physical therapy. Our physical therapy department prides itself on catering each patient's treatment plan to their individual needs." Dr. Brooks added that Airport Plaza Spine & Wellness uses VAX-D Spinal Decompression, which is a non-invasive and non-surgical treatment. "This has been clinically proven to effectively treat low back pain caused from a Disc Bulge, Disc Herniation, Sciatica, Degenerative Disc Disease, Facet Syndrome and Spinal Stenosis. We also use Low Level Laser Therapy, which can help a number of issues from spinal/extremity injuries to nerve irritation and inflammation. Conditions that can be treated include Carpal Tunnel Syndrome, Radiculopathy, and Neuropathy."

Dr. Brooks would like the community

to know this about Airport Plaza Spine & Wellness. "We are a Non-Surgical/ Fully Integrated Healthcare Facility that is dedicated to providing the people of Monmouth County with only the highest level of healthcare possible. This is done by offering each and every patient a personalized/comprehensive treatment plan. We also pride ourselves on a "No Waiting" policy. At each visit, a doctor will attend to you right away. The Doctors and staff at Airport Plaza Spine and Wellness look forward to maximizing our patients overall health and wellness goals through the use of our cutting edge services. We are utilizing the most sound evidence based techniques available in order to get rid of your pain and make a permanent fix to your body's pain. In addition, our staff will always be more than accommodating in taking care of all of your financial and insurance needs."

Airport Plaza Spine & Wellness is located at 1354 Route 36 in Hazlet. They can be reached at 1.732.END PAIN or 1.732.264.2233. For more information, visit their website at www.DrOfChiropractic.com.

Dr. Jason M. Brooks, owner of
Airport Plaza Spine & Wellness in Hazlet.

